

9. Sober High

Richard 00:00

Okay settling in here.

Greta 00:01

Looking good in your snood Richard

Richard 00:03

Thanks, you know, it's a fine blue.

Greta 00:06

Oh, It's that fine ski hair.

Richard 00:08

Ski hair?

Greta 00:08

The male of the ski bunny.

Richard 00:10

Oh right, yeah, of course.

Greta 00:12

Fine ski hare sitting across from me on the diagonal.

Richard 00:15

Yes it is reminiscent of maiden and madeau. or of that previous episode when you distinguished those two categories of person of a fair maiden and a handsome maideau.

Greta 00:29

Oh I walked through the metal on there stood a fine madeau.

Richard 00:34

Yes, tis I, the most handsome maideau in the land, I have just milked thrice cows, you know, my grammar can suck one but I'm still a gallant and fine maideau

Greta 00:47

Oh and I see the milk is running down your neck, oh did you sup straight from the teat?

Richard 00:52

Oh so fresh, was it. So fresh indeed to suckle. Oh, father's best cow.

Greta 01:00

Yes.

Richard 01:01

Yes. You know what you're listening to folks, straight on in ya know.

Greta 01:05

Creamy and..

Richard 01:06

Gross [Musical intro](both singing) Richard and Greta, gonna make your lives better, today.

Greta 01:18

I would love to be milked by a maideau, if I was a female cow.

Richard 01:25

Just having a sip of my coffee you know, clear my head.

Greta 01:28

How are you this week, Richard?

Richard 01:30

My brain rattles with the many bones of the week. You know, I shake my head and does it rattle with the skeletons, the new skeletons that now march their way towards the closet. You know? New skeletons for the closet each week. That's my philosophy. You know, let's get it fucking crowded in there. I want my closets to sound like a bag of rattling and bones. And I think you know what I mean?

Greta 02:03

Oh, yes, I do indeed know what you mean.

Richard 02:06

Got so many skeletons in the closet, it's like day of the dead parade in there.

Greta 02:10

Oh, yes. I'm just going to open a coke. Because I already started. Can you hear it?

Richard 02:14

Yeah.

Greta 02:15

Oh, it wants to be free.

Richard 02:16

Oh it's nice.

Greta 02:18

Oh, I'm having a Diet Coke today. So.

Richard 02:21

So, I wanted to take Greta out for a romantic day out and here in London, England, I was able to book yes, yes, I was able to book us in at the Highgate Cemetery for a nice walk through the tombs.

Greta 02:42

He forwarded me the email of the receipt of the booking, making it official. That's where we were going. And there was our time slot between 2:30 and 3. And so isn't it nice to have a plan sometimes, you know what you're doing?

Richard 02:56

Yeah, you know, just to have that booked in and go "Oh, yeah, we have want to worry about, oh, let's be lost and listless all day" We know we're going to the cemetery. Yes. gave our QR code to the maideau at the door. Waltzed into the cemetery.

Greta 03:12

Oh, and it doesn't it strike me. Do you remember that proper dick head, who was swaggering around and oldie boots and he had a help, "I'm here to help" written on his back and you had a weird gait that said "I, I am King of the tombs".

Richard 03:29

He was such a knob. What the fuck.

Greta 03:32

Long hair and like a plague man's hat or something?

Richard 03:36

Yeah, just walking around like I am the man of the tombs. Oh, I know the dead and you do not. I am he who walks the grounds, such a shitbag attitude that guy had.

Greta 03:50

And we got that without- you know, it was a nonverbal transmission of his shitbag soul.

Richard 03:56

[Musica intermission] (singing) Five stars You were surrounded by mausoleum walls on either side, open to the sky, mind you.

Greta 04:05

They are, these crypts they're like stables. You know you walk past them. You can imagine making a booking. I mean, you have to book early to get one of those.

Richard 04:12

And it's not a table. It's a shelf.

Greta 04:14

It's a cold stone ship. That's where we're going Richard. It's not what you'd like. I mean, if you could choose I mean which kind of one do you want? Do you want one that's covered in ivy, or do you want one of those tomb things? What are you after?

Richard 04:26

A statue, you know what I don't support this, and so it is hypocrisy. Deep down I think "oh just return to the earth" but I think I would like a fine statue of myself wearing a towel around my waist.

Greta 04:39

Fresh from the shower.

Richard 04:40

Fresh from the shower but the shower at the gym. So I'm also wearing sandals to keep the fucking bacteria from giving me athlete's foot, you know?

Greta 04:47

Oh, and safe in the afterlife that way.

Richard 04:49

Yes. I'm just standing there in marble. I've given my johnson a little couple extra pumps so that I don't look too unendowed. Just give it a couple swift ones just to fill it out a little bit in the changing room.

Greta 05:04

Oh, the secrets that we do not seem-

Richard 05:06

Tricks of the trade, you know?

Greta 05:07

Oh a fine trick of the trade. I lost my shit and the grocers on the way home, I don't know if it was because I was feeling with macabre after the cemetery, but god all those walking living around there, on the ladder in the way the hot sauces.

Richard 05:22

She give a little shove to the ladder. And then what happened, did you lose your nerve?

Greta 05:26

I lost my shit.

Richard 05:27

Right.

Greta 05:27

I went over and started looking at the cheeses. Can't wait around all day for hot sauce. And then you made all of my dreams did move the ladder.

Richard 05:37

You know, I didn't. Full disclosure. I walked over there. And then, you know, does a sexist world we live in as soon as I was near the hot sauce. Up came a maideau, and said, "Look, I'll move that letter for you. Would you like to try any of these fine Piccante salsas" I said "yes, please. And what is your name?" And he said, "my name is Richard". And I said "what a coincidence, so is mine", and we kissed and his breath smelled exactly as mine did. And his beard wove into mine like so many tapestries of horsemen, and Norse gods.

Greta 06:20

Oh, it's beautiful return if I could sleep on a blanket of your two woven beards, wouldn't I feel supported. A slung hammock, beard on beard. One Richard each end and don't I swing and soothe in between.

06:36

[Musical Intermission]

Greta 06:39

I got you acherry coke. Richard

Richard 06:41

Oh that's nice.

Greta 06:42

When's the last time you had a cherry coke?

Richard 06:44

Oh, it's probably only been about a year. I guess.

Greta 06:47

Okay, you'll be alright.

Richard 06:48

Yeah. It's like riding a bike.

Greta 06:50

Would you like to move on to listener questions or product review?

Richard 06:54

Sure, you know.

Greta 06:55

I wondered Richard.

Richard 06:57

Yes.

Greta 06:57

If you would review for me, the Starbucks app.

Richard 07:01

This app by Starbucks, how about no stars books? Because, fuckin, the worst. I think it's made to drive people slowly insane. I would rather have my scrotum fashioned into a fine coin purse for some distant royal, than to use the Starbucks app.

Greta 07:24

Yes, it fucks your mind. Do you know? Yeah, I'm gonna fuck you. And you can't fuck me back because I'm impenetrable.

Richard 07:31

Yeah, no stars-bucks. So here's a product review for you.

Greta 07:34

Yeah.

Richard 07:35

Um, last night we went up on the hill like we often do.

Greta 07:39

Yes, we did.

Richard 07:40

And you know, and normally we go home and take a few beers and smoke a joint. Last night you know, since we're on the sobriety wagon we decided to get high sober.

Greta 07:51

I hope my parents aren't listening, mom and dad on your deathbed you know don't worry about me I don't have a problem but yes a little have weed every now and then, a little marijuana I find very nice.

Richard 08:04

And greatest parents if you are listening and we're already in trouble, maybe just try it, try it sometime, you know.

Greta 08:08

Might chill you the fuck out, you know.

Richard 08:10

Might chill you on down. Just smoke a joint occasionally. It's not so bad.

Greta 08:13

Not so bad. Not like hardening your arteries with all those.. Anyway, I'm leaving my mom and dad alone. Yes, so we're on the hill. It's breezy. You know, I found that we didn't prepare or since we didn't have beers for some reason I didn't have my beer glove, which I like to drink with. So my fingers were cold. We didn't bring the plank that we normally sit on, it was like it was like we forgot everything, who we were, and so we found ourselves on the barren hill and blowing wind, and a little joint, you know, that was blowing out every two seconds because my lighter wouldn't light it, but, there is a clean feeling to the sober high.

Richard 08:54

And it takes the edge off of going sober, for sure.

Greta 08:58

Helps a lot a little, doesn't it, enhances, enhances and as I relieve myself by tree and the small light from the Narnia style lighting, they are like old street lamps.

Richard 09:09

Yes, lampposts and fawns. Yes, they're hither and there.

Greta 09:12

Lovely antique lampposts. This was a beautiful moment, you know by the tree where I thought "Well listen, you see guys standing around the whole time, you got to forgive the odd lady you know who has to squat." I can pull my pants down from under my coat for a yoga pose down the way to relieve myself but on the way up, one must lift the coat and have buttock shine like moon before you can pull your trousers up.

Richard 09:36

It's like um, when you know, I don't know if you've ever sat and had sunlight coming through the window and hits the face of your watch or your phone and you, you watch the reflected light dance around on the ceiling or the walls as you, as you move your wrist. Yes, tis like that.

Greta 09:57

Yes, and shone a light on Richard's face, did my butt.

Richard 10:01

It was a bat signal that I will not forget

Greta 10:04

Yes, it was a roving focus spot.

Richard 10:07

A roving spotlight.

Greta 10:08

Yes, I had to angle my spotlight angle my ass just so. There he is.

Richard 10:14

Here I am.

Greta 10:33

Do you want to review the Furminator?

Richard 10:35

The Furminator is a cat brush that I use to groom our small new arrivals. Minnow, tis a Siberian cat and so has a thicker coat as he is from Siberia. Listen, he gets a little gross, he likes to roll around in his meat chunks in gravy. And it is a fine hair gel that spikes his do. And it makes him less pleasant, though he is the pleasantest critter in the wood. So yes, the Furminator works quite well, if you can use it while your cat's asleep. Otherwise, it will bite you and claw you and draw blood from your fingers and arms. So steady she goes. (singing) Can you do? Listener questions?

Greta 11:28

Listener questions.

Richard 11:30

Okay, or business plans?

Greta 11:32

I have a business plan.

Richard 11:34

Okay. Should we introduce this a little bit.

Greta 11:36

Ok, often on the hill we come up with business plans.

Richard 11:39

Yes. And we thought we'd like to share this with you. Because getting the most out of your partner doesn't just mean oh, let's all have a massage day. How do you work together as business partners?

Greta 11:51

Business partners come up with business ideas and support each other's business ideas.

Richard 11:56

Exactly, you know, couldn't have said it.

Greta 12:00

Yes, I had one the other night. I was carrying the cokes and the cherry coke. Why not have a beer with a lid and keep the fizz. And you can also go on your tube journey. You know, put it in your handbag.

Richard 12:13

Yeah, get out the other end. Nice warm beer waiting for you.

Greta 12:16

Exactly, exactly. And keep the fizz, beers with lids, comes with its own little jingle.

Richard 12:22

So there you go. That's a product and a slogan you know, so that you business minded out there. You know if you want to get in touch

Greta 12:31

Richard, can we have a pickle break?

Richard 12:33

Pickle break? Yeah.

Greta 12:35

Got some pickles here. Cornichon. Well, the brand is Bodrum, just open these. Oh shit, I can't? Can you open those?

Richard 12:43

I'm worried it's gonna spill everywhere in cover me in brine. Gotta give it a few spanks. I'm grating my teeth. Look, it's a hard one folks. Ah, tell you what.

Greta 12:55

He's gone to the kitchen.

Richard 12:56

Come back with a wooden spoon. I'm just going to tap around the lid. No idea if this works. If it does, there's another business idea. Fuck me and call my Christ. I'm going to run it over some hot water folks.

Greta 13:13

Other way round I think he means. He's excited now. He's all revved up.

Richard 13:19

So I'm back just momentarily. It takes about a minute for the faucet to go hot. So I'll just keep struggling with this jar. In the meantime, I'm using all my strength, my pectorals, my triceps, biceps, you know all the muscles. Oh, I did it. I did it. I can turn off the water.

Greta 13:37

I think naming his muscles is what gave you that little extra push.

Richard 13:42

Two forks.

Greta 13:43

Oh, I like the brine. I'll sip from the brine, and you can spearfish.

Richard 13:48

I'll come back on my side here. No. Cornichon sounds like a like a guy named Sean making bad jokes. You know? That was the sound of a pickle jar lid hitting a guitar.

Greta 14:00

Cheers.

Richard 14:01

Cheers. Just spearfishing. Okay, got one on the end of my fork, working for the gherkin, you know what I mean. That's a fine snack.

Greta 14:12

I'm three down the hatch

Richard 14:14

Ah, me too.

Greta 14:15

Do you know what is divine? And we have this in Dallas, you can deep fry these motherfuckers.

Richard 14:20

You really can. I was thinking about those today actually, thought we should give the listeners the recipe.

Greta 14:25

It's basically pancake mix. You get a cup of flour, a cup of milk, cup of nothing else, and an egg. You beat that together, a tiny spoonful of bicarbonate soda. And there you have the first thing, then you need some pinko? Panko? Bedcrum?

Richard 14:41

Pinko bread crumbs.

Greta 14:43

I said bedcums but I meant breadcrumbs.

Richard 14:45

Oh yeah, don't mix those up.

Greta 14:47

You do the dipping. I do have the frying. We each have our roles.

Richard 14:50

We have our roles when we're frying up pickles.

Greta 14:54

I use quite a lot of vegetable oil for sunflower oil.

Richard 14:59

Yes, a high smoke point oil, nut oil or a sunflower oil is recommended.

Greta 15:07

They are fucking delicious Richard.

Richard 15:09

Now it's worth pointing out these are sliced long ways.

Greta 15:13

Yes long section filets.

Richard 15:15

Gherkin filets, long ways, dip them in the batter, dip the battered pickle slice into the bread crumbs, and then lower them into the frying oil. It's so good folks. You might want to use a ranch dressing to dip them in or whatever sort of dressing you're like, you know.

15:37

[Musical intermission](Both singing) I dig it.

Greta 15:39

Ok, so it's time for our surprise segment?

Richard 15:41

Probably so, huh? You're gorgeous.

Greta 15:44

Oh, that's so nice Richard, I think you're beautiful.

Richard 15:47

I love ya.

Greta 15:48

I love ya too.

Richard 15:49

I love seeing you over there.

Greta 15:51

Oh, that's nice. I am over here.

Richard 15:53

Yeah.

Greta 15:53

And you're over there.

Richard 15:54

Yeah

Greta 15:55

Your hair is funky today.

Richard 15:57

Is it cool or weird?

Greta 15:59

No, it reminds me of the fine pigeon of New Mexico.

Richard 16:03

Oh.

Greta 16:03

Well, listen, Richard. Yes, it does strike me how you can caress the microphone with your dulcet tones. It gives me a shiver and I know there's a word for this or set of letters for this, ASMR, so I want you to take us down to an ASMR level of what does it sound like when you're actually whispering like this.

Richard 16:24

Yes, ASMR.

Greta 16:27

Could you talk me through the cupboard under the sink?

Richard 16:34

Here's a little ASMR whispering for you. It might give you the creeps or might relax you, you know different strokes for different folks but here's what's under the sink. It's not a cupboard so much as a drawer. And it's slides out, and there's a bin and it's white. And the colour of it really highlights the gross you know you could do with a wash. That is the centerpiece of this drawer and surrounding that there are other things like cleaning products

Greta 17:07

Clicking Richard, I can't stop my mouth clicking this is gross. How do I stop it? Oh no stop it Richard that's you that's not me. Oh my goodness. That is wow. That is odd noise. Oh yeah. Oh, Jesus. What is that, you can come out of the cupbaord now.

Richard 17:25

Thanks, you know. Oh, it was nice in there.

Greta 17:29

Thank you so much for the surprise segment Richard.

17:34

[Musical Intermission](Both singing) We're sorry.

Richard 17:38

Would you like your surprise segment Greta?

Greta 17:40

Oh, I can't wait for the surprise.

Richard 17:42

Greta has provided for us some mobile microphones. Your surprise segment will be on a walk out of doors. Just getting these little microphones out. You know word to the wise if you have a sunglasses protective pocket and your gear bag you can use it to transport and avocado for your lunch.

Greta 18:08

It's nice to go outside with you Richard.

Richard 18:10

It's nice to go outside with you you Greta. Close the door we're gonna go for a walk.

Greta 18:17

I know but did you want to check that that was.. that button's been a bit dicey.

Richard 18:22

I hope I got the key. Yeah I do. Just coming through the gate, close that up.

Greta 18:28

Oh a lovely pink sky, look at that, penis pink.

Richard 18:33

Whoa, so surprise segment

Greta 18:35

Yes.

Richard 18:36

in the great outdoors.

Greta 18:37

What is this Richard?

Richard 18:39

This is a ground mounted trampoline.

Greta 18:41

How exciting.

Richard 18:42

Here in the park, I discovered it on the walk the other night. Oh you did? I thought, I must show this to Greta.

Greta 18:48

So it's flush with the ground, it looks like a drain or something, you know what like a manhole cover?

Richard 18:53

Yes

Greta 18:54

Because it's square and inside there is a lattice of elastic, like a pie covering, should I step upon?

Richard 19:00

What is it like to defy gravity?

Greta 19:03

Oh right, to defy gravity?

Richard 19:06

Yeah, you know.

Greta 19:08

You know I'm gonna take a little step. Oh, and there was a buoyancy to it. Oh, it's very nice. I'm bouncing Richard. Oh, my hair does flap like a, like a Basset Hound ear on either side. My face you know, oh to defy gravity, makes me feel you know I can feel my my tits going up and down, and my ass going up and down, you know. We need look no further for magic than ourselves. Because we are, in fact a great coincidence of existence. Totally arbitrary and beyond what magic can offer.

19:10

[Musical background music and transition to inside]

Richard 19:46

Yes. Thank you for that, that fine walk, and journey to the trampoline.

Greta 19:54

Thank you, Richard for the adventure. What have we learned today?

Richard 19:59

Yes, what have we gained from our partners? How have we been challenged and broadened and bettered, and battered. That's one thing we learned how to fry pickles and make some tasty.

Greta 20:10

Not so much dish as an event. You can put this idealical music on while you eat them.

Richard 20:17

You know, it's a highly recommended evening, some fried pickles or some fine blues music, speaking of music, shall I sing us out.

Greta 20:26

Yes.

Richard 20:29

But we can do it together, you know.

Greta 20:31

No, you do it, ya know. Go on Richard, want to hear you sing.

Richard 20:38

(singing) How to get the most

Greta 20:40

That's beautiful.

Richard 20:41

(singing) How to get the most, out of your partner

Greta 20:50
(singing) That's nice.

Richard 20:57
So listen though, if you are enjoying Richard and Greta's podcast, How To Get The Most Out Of Your Partner, going onto iTunes and Spotify or whatever you listen on and giving us a star rating. And I will, I will vomit in a second for the shame of this, but if you give us a five star review, that will help us be more visible in those platforms and people will see us and more fine maideaus and maidens will enjoy our, you know, sleep aid slash comedy riot house, you know, so uh.

Greta 21:34
I think it was definitely done, now let's back out with our dignity.

Richard 21:38
Yes.